



FILASKY'S FARM MARKET CSA NEWSLETTER

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get

(this is where we tell you what you get and where it's from):

*Filasky's Asparagus *Local Rainbow Carrots (MD) *Yukon Gold Potatoes
*Sundried Tomatoes *Kreiders Tomatoes (DE) *Shallot & Garlic *Local Spring Onions *Baby Bella Mushrooms (PA) *Blueberries

What to do with it (this is where we'll give you our tips to keeping the goodies fresh and tasting like they were just picked):

Never refrigerate fresh tomatoes!! Sun-dried tomatoes can be stored in a cabinet out of sunlight and will last for a couple of months. Potatoes should be stored in a dark place out of sunlight. Sunlight makes them turn green and toxic! Shallots and garlic should also be stored in a dark place however not next to potatoes. Everything else in your share this week should be refrigerated.

What's happening (this is where we tell you how hard Johnny is working and tell you what everyone else has been up to):

Johnny and the boys have been planting next years strawberries by hand! Yes there are 14,000 of them. His first sweet corn is popping up in rows!! believe he has 4 plantings in so far. Did you know he plants every 3 to 4 days till Late June or Early July. This years crop of strawberries are looking good in spite of the freeze last week. The farm market is in full swing for the 2026 season. We now carry Blazing Bella Balsamic vinegars and flavored olive oils. Check them out while you're in the market....yummy free samples. Also new are Nat's Nuts. Some very interesting varieties including Bourbon Cinnamon Whiskey!! They have been taste tested and approved. Lots of beautiful flowers are decorating the outside the market. Looking forward to seeing everyone!

We have a Pinterest page: Filasky's Produce CSA, that you can follow where I stash lots of great recipes to try depending on what is in your box that week. I am excited for this potato crust quiche! Enjoy your asparagus and we will let you know when the strawberry pickup will be!