



Filasky's Produce - CSA Newsletter

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get:

*Local Broccoli and Carrots *NC Sweet Potatoes *Garlic and Ginger *WA Red and Green Pears *Local Ginger Gold and Honey Crisp Apples *Filasky Blend Little Goat Coffee *Beth's Pumpkin Donuts

What to do with it:

All should be refrigerated till ready to use with the exception of the garlic and sweet potatoes. Coffee may be refrigerated to keep it fresh. We had the coffee ground in case you did not have a grinder!

What's happening:

It has certainly been our pleasure coming up with new goodies for you each week. We hope you have enjoyed your share and tried something new!! Johnny's pumpkins are looking pretty good hope to see you this fall for all of your fall decoration needs. Johnny will still have sweet corn till later into September! Perhaps Julie will finally start to harvest her tomatoes!!!

Thank you from all of us for supporting us this year and for coming back year after year, we love being part of your summer routine!

Cindi Johnny Cheryl Olivia Carmen Lorena Mason Anthony Alice Kieren Brayden

Remember you get 5% off everything in the market!