



# FILASKY'S PRODUCE CSA NEWSLETTER

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get:

\*Johnny's Sweet Corn

\*Winkler's Green Beans

\*Our Fall Squash

\*Local Fresh Carrots

\*Beth's Pumpkin Donuts

\*Little Goat Coffee

\*Cheryl's Delicious Cucumber Relish

What to do with it:

Use the corn tonight or put it in the refrigerator in the husk in the coldest part of your fridge. The only item that has been refrigerated are the green beans from Julie and Vince's garden! I'd eat the donuts first!! They are always a treat and you are getting the first of the season! Enjoy Cheryl's relish on almost anything! She is the best. Our fall squash can be stored for quite awhile. The carrots can be refrigerated just before they get a bit limp. Glazed carrots are delicious. Cut them and boil till just tender then drain and add butter and brown sugar. Enjoy coffee from Little Goat in Newark, it's already ground. Coffee and Beth's donuts a great way to start or end the day!

What's happening:

Thank you all for joining us this season. It has been our pleasure getting to know all of you and providing you with some delicious fruits and veggies. I'm sure most of you are tired of corn and hoping you've got some frozen for this winter. If not, Johnny will be picking it for another week or so. Pumpkin season starts the weekend of September 24th through October, we hope to see you then. If you'd like to join us next season keep an eye out on Facebook and our website [filaskysfarmmarket.com](http://filaskysfarmmarket.com), details will be out at the end of January or early February.