



FILASKY'S PRODUCE CSA NEWSLETTER

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get:

*Johnny's Sweet Corn

*Julie's Jewels Tomatoes

*Douglas Bee Apiary Honey

*Local Rainbow Carrots

*Zucchini

*Green Pepper

*Radishes

*Winkler Farms Green/Yellow Beans

*Local Peaches

*Sugar Cube Cantaloupe

*Washington State Cherries

What to do with it:

Use the corn tonight or put it in the refrigerator in the husk in the coldest part of your fridge. Radishes, carrots, zucchini, green pepper, beans, peaches, and cherries should be refrigerated. The little sugar cube can be refrigerated however it should be cut open and remove the seeds and then refrigerate it. Of course don't refrigerate Julie's Jewels!! Did you know you do not refrigerate honey...it will never go bad!! Should it crystalize just put the jar in hot water and the crystals should melt.

What's happening:

Well it's another hot week!! The bees came last week to pollinate the pumpkins. Johnny and crew have them set in different parts of the field...They are spreading like crazy. Julie is finally starting to pick her tomatoes! They are quite good. We are on our third planting of squash. Our local Bee Man has his bees out in our fields too. You will be enjoying his honey from his bees which came from our fields!

Enjoy you deliciousness!