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## Filasky's Produce

### Broccoli with Garlic Sauce

1/3 Cup garlic, minced  
2 Tbsp. Sesame Oil  
1 Big Head Broccoli, broken into florets  
1 Batch Homemade Stir Fry Sauce:

#### Stir Fry Sauce

1/3 Cup +2 Tbsp reduced sodium Soy Sauce

1/4 Cup Sesame Oil

1 Tbsp Cornstarch

Put all ingredients into a jar, close the lid and shake. Yup that easy!

In a large skillet add 2 Tbsp of the sesame seed oil and heat to medium. Add minced garlic and cook for 3 to 5 minutes until garlic starts to turn brown. Add broccoli and stir fry sauce and cook an additional 10 to 15 minutes. Serve over rice and chicken!