



FILASKY'S PRODUCE

CSA NEWSLETTER

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get:

- *Fresh Pasta from Caffe Gelato
- *McCutcheon's Marinara sauce
- *Beth's Homemade Focaccia Bread
- *Red Acre Lettuce
- *Fresh Mozzarella
- *Langenfelder's Italian Sausage
- *Wings Landing Farm Canary Melon
- *Our Eggplant and Zucchini/Squash
- *Fresh basil
- *Julie's Jewels Tomatoes

What to do with it:

The pasta is fresh if you do not plan on using it soon please refrigerate or freeze. Refrigerate marinara after opening if you don't use it all..of course there wouldn't be any left in our house!! Refrigerate the focaccia bread if it's not all gone! Beth slices it thin and toasts it in the oven and makes crisps out it! If you don't use all your lettuce it has the root so put it in a bowl or wide glass and add a little water and it will keep fresh in the refrigerator. Of course the fresh mozzarella needs to be refrigerated!! But never refrigerate those tomatoes!!! Keep the sausage frozen if not using right away. The candy melon will need to sit on the counter for a day or so to continue ripening. My motto is if you walk by it and smell it...eat it! They are white on the inside and are bit like a honeydew. When totally ripe and sweet Julie says it's a diabetic attack coming on! It's so sweet. Eggplant and zucchini/squash have not been refrigerated and sit on the counter for a day or so then I'd refrigerate them. Never refrigerate basil..turns it brown really fast, it can stay on the counter in a glass of water..to make your kitchen smell great just rub the leaves.

What's happening:

Well we haven't had much rain lately so Johnny is back to irrigating all of the crops. Erik, Owen, and Frank are picking lots of squash, eggplant, okra, and tomatoes. Johnny continues to pick corn every morning and his last planting just went in and should take us to the end of September, just about the time the pumpkins are ready! Pumpkins are looking great, lots of bright orange blossoms and lots of bees very busy pollinating them! Enjoy your share this week! Caio!